



JUICES & SMOOTHIES

FRESHLY SQUEEZED JUICES

R \$6 L \$7.5 XL \$9.5

Power Starter – Pineapple, Orange, Watermelon, Apple

Easy Morning – Orange, Apple, Carrot, Celery, Ginger

Immune Fix – Celery, Carrot, Apple, Beetroot, Ginger

Body Cleanser – Watermelon, Pineapple, Lemon

Green Hit – Apple, Celery, Kale, Mint

HitSlim – Kale, Celery, Carrot, Apple, Beetroot

Passion – Passionfruit, Watermelon, Apple & Strawberries

HIT SMOOTHIES

R \$7 L \$8.5 XL \$10

Regular Flavours – Banana, Mixed Berries, Strawberry, Mango

Breakky – Mango, Muesli, Protein Powder

Protein Junkie – High Protein Low Fat Protein Powder, Banana, Mango

Energizer – Banana, Blueberries, LSA

All our smoothies are made with real fruit, honey, yoghurt and milk



HIT COLD CURES

R \$8.5 L \$10 XL \$11.5

ACAI

Jungle – Acai Blended with Banana & Apple Juice

Samba – Acai Blended with Strawberries, Mango & Apple Juice

Acai Blueberries – Acai Blended with Blueberries & Pineapple Juice

Acai Protein – Acai Blended with Banana, Protein & Apple Juice

ACAI BOWLS

Tropical – Acai Blended with Banana & Mango, Topped with Crunchy Toasted Muesli

Brazilian – Acai Blended with Banana Topped with Crunchy Muesli & Yoghurt

COLD CURES

Karma Fruitra – Mango, Banana, Pineapple, Watermelon & Apple Juice

Hit Jungle – Banana, Pineapple & Orange Juice

Green Engine – Spirulina, Kale, Banana, Blueberries & Apple Juice



MILKSHAKES & FRAPPES

MILKSHAKES KIDS \$4.5 LARGE \$5

BANANA, CHOCOLATE, CARAMEL, LIME, VANILLA, STRAWBERRY, COFFEE

FRAPPES R \$7 L \$8.5 XL \$10

CHOCOLATE, CARAMEL, COFFEE, MOCHA, MIXED BERRY, MANGO